

WEIGHT LIFTING - Overall Champion District (Best District)

Completed events

37

SIno:	DISTRICT NAME	GOLD	SILVER	BRONZE	POINT
1	Thrissur	15	2	3	84
2	Thiruvananthapuram	6	6	0	48
3	Malappuram	4	6	6	44
4	Kottayam	4	4	3	35
5	Alappuzha	2	6	4	32
6	Kannur	3	3	2	26
7	Kozhikode	1	4	2	19
8	Ernakulam	1	2	2	13
9	Wayanad	1	1	5	13
10	Idukki	0	2	2	8
11	Palakkad	0	0	7	7
12	Kasaragod	0	1	1	4

MEET RESULTEvent : **Junior Boys** : 831 : WEIGHT LIFTING Up to & incl. 49 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	361	NIKHIL KUMAR	Kannur	13017-Azhikode H S S	0:0.
II	224	DARSHAN M S	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
III	262	MUHAMMED RILVAN	Palakkad	21085-D H S S Nellipuzha	0:0.

Event : **Junior Boys** : 832 : WEIGHT LIFTING Up to & incl. 55 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	110	SANTO S ROBERT	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
II	144	DHANOOP D	Alappuzha	35054-M K A M H S S Pallana	0:0.
III	151	MUBARAK P.S	Kottayam	32009-Muslim HSS Kangazha	0:0.

Event : **Junior Boys** : 833 : WEIGHT LIFTING Up to & incl. 61 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	225	MUHAMMED SAIF	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
II	168	AKASH K ABHILASH	Kottayam	32049-Gracy Memorial HS Parathode	0:0.
III	261	MOHAMMED RAFI . P.N	Palakkad	21085-D H S S Nellipuzha	0:0.

Event : **Junior Boys** : 834 : WEIGHT LIFTING Up to & incl. 67 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

MEET RESULT

Position	Chest No:	Name	District	School	Performance
I	226	SREEKUTTAN KUTTAN	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
II	109	ABHIRAM.M.N	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
III	276	SHAHIL SIDDIQUE KC	Malappuram	18084-E M E A H S S KONDOTTY MALAPPURAM	0:0.

Event : **Junior Boys** : 835 : WEIGHT LIFTING Up to & incl. 73 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	246	SANJAY KRISHNA N S	Thrissur	24035-Govt. H. S. S Machad	0:0.
II	101	ABHIRAM GS	Thiruvananthapuram	42040-Govt. H S Karippoor	0:0.
II	101	SREEHARI V B	Thiruvananthapuram	42040-Govt. H S Karippoor	0:0.
II	101	ABHISHEK B	Thiruvananthapuram	42040-Govt. H S Karippoor	0:0.
III	254	MOHAMMED SWALIH L	Palakkad	21079-G H S S Karimba	0:0.

Event : **Junior Boys** : 836 : WEIGHT LIFTING Up to & incl. 81 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	234	AMARNATH P SUNI	Thrissur	22050-St Thomas College H. S. S. Thrissur	0:0.
II	367	SUROOR MUHAMMED P P	Kannur	13025-TAGORE VIDYANIKETHAN GOVT H S S	0:0.
III	169	ANAND SHAJI	Kottayam	32049-Gracy Memorial HS Parathode	0:0.

Event : **Junior Boys** : 837 : WEIGHT LIFTING Up to & incl. 89 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

MEET RESULT

Position	Chest No:	Name	District	School	Performance
I	326	MUHAMMED SHEHIN M K	Kozhikode	17106-J D T ISLAM IQRAA ENGLISH MEDIUM HIGH SCHOOL	0:0.
II	165	ADARSH ULLAS	Kottayam	32033-Assumption HS Palampra	0:0.
III	270	IBRAHIM ABDU	Palakkad	21109-Irshad H. S.Changaleeri	0:0.

Event : **Junior Boys** : 838 : WEIGHT LIFTING Up to & incl. 96 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	298	K MOHAMED ASLAM	Malappuram	19053-Vannery HSS Perumpadappa	0:0.
II	337	MUHAMMED SINAN V	Wayanad	15008-St. Joseph's H S S Kallody	0:0.
III	257	MUHAMMED MISTHAH K U	Palakkad	21080-D. B. H. S. Thachampara	0:0.

Event : **Junior Boys** : 839 : WEIGHT LIFTING Above 96 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	219	SHAJOHN SUMESH	Thrissur	138-SAI Trissur	0:0.
II	171	ARJUN SANEESH	Kottayam	32058-C K M H S S Koruthodu	0:0.
III	175	ADITHYAN V A	Idukki	29005-St. Joseph`s H S S Karimannoor	0:0.

Event : **Junior Girls** : 840 : WEIGHT LIFTING Up to & incl. 40KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	160	ATHULYA BENNY	Kottayam	32013-SMV HSS Poonjar	0:0.
II	186	ANN MARIA SANTHOSH	Idukki	30064-SMHSS Murickassery	0:0.

MEET RESULT

III	346	RITHU SATHYAN	Wayanad	15069-Govt. H.S. Tharuvana	0:0.
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Event : **Junior Girls** : 841 : WEIGHT LIFTING Up to & incl. 45 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	227	ROSEMARIYA XAVIER A	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
II	290	ALEENA. MS	Malappuram	19044-A. V. H. S. Ponnani	0:0.
III	356	VYGA RAJU	Kannur	13006-St.Teresa`S A.I.H.S.S.Kannur	0:0.

Event : **Junior Girls** : 842 : WEIGHT LIFTING Up to & incl. 49 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	154	SHERIN.P.BENNY	Kottayam	32009-Muslim HSS Kangazha	0:0.
II	366	VRINDA T	Kannur	13024-MOOTHEDATH H S TALIPARAMBA	0:0.
III	218	ASHNA SHAJI	Ernakulam	28017-M K M H S Piravom	0:0.

Event : **Junior Girls** : 843 : WEIGHT LIFTING Up to & incl. 55 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	303	SNIKTHA R VIJAY	Malappuram	48001-G H S S Areacode	0:0.
II	153	RIYAMOL SAJI	Kottayam	32009-Muslim HSS Kangazha	0:0.
III	236	ASHNA ROSE M S	Thrissur	23011-ST. JOSEPH`S H S MELOOR	0:0.

Event : **Junior Girls** : 844 : WEIGHT LIFTING Up to & incl. 59 KG

MEET RESULT

State Record :
 National Record :
 Venue : THRISSUR
 Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	228	ANEESHA SAKKEER	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
II	102	ANUPA JUSTIN	Thiruvananthapuram	42042-Govt. H S S For Girls Nedumangad	0:0.
II	102	ARJUN RAJ R I	Thiruvananthapuram	42042-Govt. H S S For Girls Nedumangad	0:0.
II	102	SIDHARTH R R	Thiruvananthapuram	42042-Govt. H S S For Girls Nedumangad	0:0.
III	189	AGNUS MARIA SUNNY	Idukki	30064-SMHSS Murickassery	0:0.

Event : **Junior Girls** : 845 : WEIGHT LIFTING Up to & incl. 64 KG
 State Record :
 National Record :
 Venue : THRISSUR
 Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	155	REENUMOL P.R.	Kottayam	32009-Muslim HSS Kangazha	0:0.
II	136	NETTALIYA BENEDICT	Alappuzha	35006-St. Joseph`s G H S S Alappuzha	0:0.
III	235	ATHEENA THOTTAN	Thrissur	23011-ST. JOSEPH`S H S MELOOR	0:0.

Event : **Junior Girls** : 846 : WEIGHT LIFTING Up to & incl. 71 KG
 State Record :
 National Record :
 Venue : THRISSUR
 Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	232	DHIYA JAYARAJ	Thrissur	22041-V. G. H. S. S. THRISSUR	0:0.
II	272	LIYA P P	Malappuram	18083-P.P.M.H.S.S. Kottukkara	0:0.
III	378	S VEENA	Kasaragod	11009-G. V. H. S. S. Kunjathur	0:0.

Event : **Junior Girls** : 847 : WEIGHT LIFTING Up to & incl. 76 KG
 State Record :

MEET RESULT

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	287	PRARTHANA.U.P	Malappuram	19043-P. C. N. G. H. S. S. Mookkuthala	0:0.
II	316	NIVEDHYA V	Kozhikode	17017-G. G. Model G. H. S. S. Chalappuram	0:0.
III	344	SHIFA FATHIMA	Wayanad	15069-Govt. H.S. Tharuvana	0:0.

Event : **Junior Girls** : 848 : WEIGHT LIFTING ABOVE 76 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	233	AMRITHA P SUNI	Thrissur	22049-St Clare`s C. G. H. S. S Thrissur	0:0.
II	200	AFREENA P N	Ernakulam	25076-K. E. M. H. S. Alangad	0:0.
III	291	MALAVIKA.K	Malappuram	19044-A. V. H. S. Ponnani	0:0.

Event : **Senior Boys** : 849 : WEIGHT LIFTING Up to & incl. 55 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	113	ANAKHIN VARGHESE	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
II	217	SIVA TM	Ernakulam	27030-Fr. Joseph Memorial H S S Puthuppady	0:0.
III	229	AMSHITH AS	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.

Event : **Senior Boys** : 850 : WEIGHT LIFTING Up to & incl. 61 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

MEET RESULT

Position	Chest No:	Name	District	School	Performance
I	220	MUBARAK	Thrissur	138-SAI Trissur	0:0.
II	114	RAHUL KRISHNAN K B	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
III	251	IRFAN A	Palakkad	21057-B. E. M. H. S. S. Palakkad	0:0.

Event : **Senior Boys** : 851 : WEIGHT LIFTING Up to & incl. 67 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	111	AADARSH.R.J	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
II	131	ARJUN K A	Alappuzha	34008-HF HSS Kattoor	0:0.
III	318	SUKHDEV PK	Kozhikode	17018-St. Joseph's Boys' H. S. S. Calicut	0:0.

Event : **Senior Boys** : 852 : WEIGHT LIFTING Up to & incl. 73 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	135	SARVESH PRASANTH	Alappuzha	34047-SN Trust HSS SN Puram	0:0.
II	301	AFFEF MOHAMMED SHAMSEER	Malappuram	19080-J. M. H. S. S. Parannekkad	0:0.
III	260	SAFEER HUSAIN	Palakkad	21083-Sabari H. S. Pallikurup	0:0.

Event : **Senior Boys** : 853 : WEIGHT LIFTING Up to & incl. 81 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	105	ATHIN JOSEPH	Thiruvananthapuram	44001-M. V. H. S. S. Arumanoor	0:0.
II	322	SHAMIL C	Kozhikode	17054-G. H. S. S. Kuttikattur	0:0.

MEET RESULT

III	304	MOHAMMED RISHINSHAD	Malappuram	48105-M E S H S S Mampad	0:0.
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Event : **Senior Boys** : 854 : WEIGHT LIFTING Up to & incl. 89 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	112	ABY SYRIL	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
II	300	SHAHEENSHA.K.P	Malappuram	19054-G. H. S. S. Maranchery	0:0.
III	362	MOHAMMED FARISAN V F	Kannur	13018-Govt H S S Azhikode	0:0.

Event : **Senior Boys** : 855 : WEIGHT LIFTING Up to & incl. 96 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	128	SAVIO SONY	Alappuzha	34006-Govt HSS Kalavoor	0:0.
II	299	MOHAMMED ADHIL	Malappuram	19053-Vannery HSS Perumpadappa	0:0.
III	349	ARJUN K M	Wayanad	15069-Govt. H.S. Tharuvana	0:0.

Event : **Senior Boys** : 856 : WEIGHT LIFTING Up to & incl. 102 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	296	SHABEER SHAFEEK V P	Malappuram	19048-M. I. H. S. S. Ponnani	0:0.
II	139	GOPIKRISHNAN P	Alappuzha	35012-H S S Aravukad	0:0.
III	334	MUHAMMED SHAHZIN K	Wayanad	15005-S H H S S Dwaraka	0:0.

Event : **Senior Boys** : 857 : WEIGHT LIFTING ABOVE 102 KG

State Record :

MEET RESULT

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	370	AKASH R CHANDRAN	Kannur	13043-NSS HSS ALAKODE	0:0.
II	320	MOHAMMED SHAMIL NP	Kozhikode	17048-J D T Islam H S S Merikkunnu	0:0.
III	279	MUHAMMED NISHAD E	Malappuram	18125-A.K.M.H.S.S Kottoor	0:0.

Event : **Senior Girls** : 858 : WEIGHT LIFTING Up to & incl. 45 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	239	AKSHAYA T S	Thrissur	23011-ST. JOSEPH'S H S MELOOR	0:0.
II	317	ANJANA KRISHNA V K	Kozhikode	17017-G. G. Model G. H. S. S. Chalappuram	0:0.
III	132	ANCY MARY	Alappuzha	34008-HF HSS Kattoor	0:0.

Event : **Senior Girls** : 859 : WEIGHT LIFTING Up to & incl. 49 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	238	ASHITHA. M J	Thrissur	23011-ST. JOSEPH'S H S MELOOR	0:0.
II	117	ATHIRA V S	Thiruvananthapuram	44021-Govt. V And H S S Kulathoor	0:0.
III	204	JOSHNA DAS	Ernakulam	26075-K P M V H S S Poothotta	0:0.

Event : **Senior Girls** : 860 : WEIGHT LIFTING Up to & incl. 55 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

MEET RESULT

Position	Chest No:	Name	District	School	Performance
I	104	ARSHA S S	Thiruvananthapuram	43088-C. M. G. H. S. Poojappura	0:0.
II	241	LAKSHMI. C G	Thrissur	23011-ST. JOSEPH' S H S MELOOR	0:0.
III	137	KAVYENDU	Alappuzha	35008-LAJANATHUL MUHAMMADIYA HSS ALLAPPUZHA	0:0.

Event : **Senior Girls** : 861 : WEIGHT LIFTING Up to & incl. 59 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	373	ALINA BENNY	Kannur	13046-MARYGIRI HS THERTHALLY	0:0.
II	129	ASWANI S	Alappuzha	34006-Govt HSS Kalavoor	0:0.
III	311	SHREYA M K	Kozhikode	17010-G. V. H. S. S. For Girls Nadakkavu	0:0.

Event : **Senior Girls** : 862 : WEIGHT LIFTING Up to & incl. 64 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	231	ANDREA SHABU	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
II	197	APSARA SUNIL KUMAR	Idukki	30064-SMHSS Murickassery	0:0.
III	134	ABHINA JOY	Alappuzha	34016-ABVHSS Muhamma	0:0.

Event : **Senior Girls** : 863 : WEIGHT LIFTING Up to & incl. 71 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	163	BIYONA BENNY	Kottayam	32030-ST. DOMINIC'S H S S Kanjirapally	0:0.
II	394	GOPIKA C K	Thiruvananthapuram	42042-Govt. H S S For Girls Nedumangad	0:0.

MEET RESULT

III	140	JENU JACKSON	Alappuzha	35051-St. Thomas H S Thumpoly	0:0.
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Event : **Senior Girls** : 864 : WEIGHT LIFTING Up to & incl. 76 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	354	JASMIN WILSON	Wayanad	15069-Govt. H.S. Tharuvana	0:0.
II	393	SANDRA. V. P	Kasaragod	12059-G. H. S. S. Udinoor	0:0.
III	273	FATHIMA FITHU T	Malappuram	18083-P.P.M.H.S.S. Kottukkara	0:0.

Event : **Senior Girls** : 865 : WEIGHT LIFTING Up to & incl. 81 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	202	AKHILA A	Ernakulam	26012-Santa Cruze H.S.S. Fortcochin	0:0.
II	281	SHAMIYA. N	Malappuram	18125-A.K.M.H.S.S Kottoor	0:0.
III	333	ASHVIKA SREENIVAS	Wayanad	15003-Fr. G K M H S S Kaniyaram	0:0.

Event : **Senior Girls** : 866 : WEIGHT LIFTING Up to & incl. 87 KG

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	223	ASNA SUNIL	Thrissur	22034-C. M. S. H. S. S. THRISSUR	0:0.
II	130	PREETHU PRADEEP	Alappuzha	34006-Govt HSS Kalavoor	0:0.
III	294	HABEEBASULTHANA. C	Malappuram	19044-A. V. H. S. Ponnani	0:0.

Event : **Senior Girls** : 867 : WEIGHT LIFTING ABOVE 87 KG

MEET RESULT

State Record :

National Record :

Venue : THRISSUR

Date : 2022-10-14 05:30:00

Position	Chest No:	Name	District	School	Performance
I	230	DIVYA P	Thrissur	22040-V. B. H. S. S. THRISSUR	0:0.
II	358	SAVARIYA. A J	Kannur	13009-Govt.City H.S.S.Kannur	0:0.
III	172	RAJASREE R NAIR	Kottayam	32058-C K M H S S Koruthodu	0:0.