

65th KERALA STATE SCHOOL WEIGHT LIFTING CHAMPIONSHIP 2023**HELD AT THRISSUR FROM 31.10.2023 TO 01.11.2023****WEIGHING & COMPETITION SCHEDULE****WEIGHING JUNIOR BOYS & GIRLS(31.10.2023)**

07.00 AM	-49& -55 BOYS U-17
08.00 AM	-40 & -45 GIRLS U-17
09.00 AM	-61 & -67 BOYS U-17
10.00 AM	-49&-54 GIRLS U-17
11.00 AM	-73 & -81 BOYS U- 17
12.00 AM	-59 & -64 GIRLS U-17
01.00 PM	-89 , -96 & +96 BOYS U-17
02.00 PM	-71, -76 & +76 GIRLS U-17

COMPETITION JUNIOR BOYS & GIRLS (31.10.2023)

08.30 AM	-49 & -55 BOYS U-17
10.00 AM	INAUGURATION
11.00 AM	-40 & -45 GIRLS U-17
12.00 AM	-61 & -67 BOYS U-17
01.00 PM	-49 & -55 GIRLS U-17
02.00 PM	-73 & -81BOYS U-17
03.00 PM	-59 & -64 GIRLS U-17
04.00 PM	-89 & -96 BOYS U-17
05.00 PM	-71 & -76 GIRLS U-17
06.00 PM	+96 BOYS U-17
07.00 PM	+76 GIRLS U-17

WEIGHING SENIOR BOYS & GIRLS (01.11.2023)

08.00 AM	-55 & -61 BOYS U-19
09.00 AM	-45 & -49 GIRLS U-19
10.00 AM	-67 & -73 BOYS U-19
11.00 AM	-55 & -59 GIRLS U-19
12.00 AM	-81 & -89 BOYS U-19
01.00 PM	-64 & -71 GIRLS U-19
02.00 PM	-96, -102 & +102 BOYS U-19
03.00 PM	-76 & -81 GIRLS U-19
04.00 PM	-87 & +87 GIRLS U-19

COMPETITION SENIOR BOYS & GIRLS (01.11.2023)

08.30 AM	-55 & -61 BOYS U-19
10.00 AM	-45 & -49 GIRLS U-19
11.00 AM	-67 & -73 BOYS U-19
12.00 PM	-55 & -59 GIRLS U-19
01.00 PM	-81 & -89 BOYS U-19
02.00 PM	-64 & -71 GIRLS U-19
03.00 PM	-96 & -102 BOYS U-19
04.00 PM	-76 & -81 GIRLS U-19
05.00 PM	+102 BOYS U-19
06.00 PM	-87 & +87 GIRLS U-19
07.00 PM	CLOSING CEREMONY

HAREESH SANKAR L

Sports Organizer

Directorate of General Education
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